## DON'T LET THE THOUGHT OF Composting intimidate YOU!

It's so easy to do, and this quide is full of tips on how to can get the great results.

#### FIRST UP, REMEMBER THAT ALL organic MATERIAL BREAKS DOWN...

Even if you just toss your garden waste into a hole in the ground, you will eventually get compost, but there are faster ways to get results and that's what we're here to help you achieve.

# - ULTIMATE Composting

Composting is one small way we can all help reduce the amount of waste going to landfill - and the rewards for both the enviironment and your garden are huge!

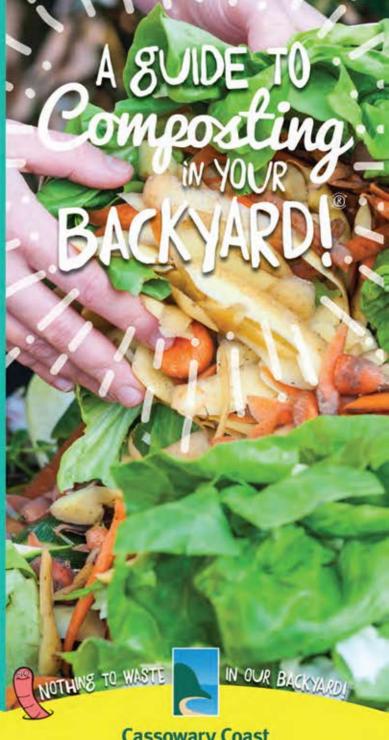
Look out for more tips on how we can all reduce the amount of waste going to landfill online, in our local newspaper and on radio. If we all pull together we all win.

Nothing to waste ... we can do that!

Visit cassowary coast gld gov, au for more resources or call us on 1300 763 903 for more ways you can to be involved.



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### LET'S BREAK IT DOWN ...

How quickly compost breaks down depends on four things – moisture, oxygen content, temperature, and a good mix of ingredients.

The perfect compost pile is damp without being wet, like a squeezed out sponge. It should also be well aerated, with plenty of oxygen — the essential element aerobic bacteria need to do their business. Compost also needs a mix of different types of materials. If you use just one thing, like grass clippings, or leaves, then it takes a really long time to break down and deliver nutrients for your garden, but if you have a range of materials — green and brown – and mix them all together, they will break down much more quickly.

GOOD COMPOST BINS promote easy drainage of liquids. Stagnant water can drown the essential, helpful bacteria, and allowing any water to sit is like sending out invites to pests such as mosquitoes or bandicoots. Most commercially available compost bins offer some cover -a lid that keeps rain out of the compost pile, protecting the compost from excess liquid.

Look for a compost bin designed to maximize air flow and circulation. This is because oxygen keeps away the stinky anaerobic microbes that are responsible for creating odours. Keeping your compost well mixed and aerated prevents those anaerobic bacteria from getting established. Oxygen is also fuel for the beneficial aerobic microbes that break down your unwanted trash into finished compost — give them plenty of oxygen and they work quickly. To help aerate your compost, you can use a compost turning tool like a pitchfork — a little bit of hard work never hurt anybody.

TEMPERATURE IS ANOTHER KEY to the breakdown of compost. Helpful microbes work best at elevated temperatures. The fastest decomposition occurs between 60° and 70°C, microbes generate their own heat as they work, so keeping the compost bin warm in our climate is pretty easy. Position your compost so that the wind doesn't blow over it removing moisture and so that it gets just enough sunlight, with a bit of trial and error you'll get the location just right.

THE INSREDIENTS OF YOUR COMPOST ARE

ALSO iMPORTANT... microbes that break down compost do well on a mix of different food sources. They need plenty of celluloserich, carbon material along with nitrogen rich kitchen scraps. The ideal mix is 75% "brown" material and 25% "green" scraps by volume.

"Brown" material includes dried grass, leaves, even shredded newspaper. These types of material take longer to break down than "green" vegetable peels and fruit rinds. If your compost is too wet, add more brown material. If you don't have a lot of green material, you may need to add water to the compost.

Green and brown doesn't refer to the actual colour of the stuff you are putting in the composter - it's just shorthand for saying nitrogen rich or carbon rich and a general guide to help you identify the material mix you need for a great compost result.



## Like most things in life - the more effort you put into earing For upour compost the more the more and upour garden will get

4	Materials	Carbon/Nitrogen	Details
	Ashes - wood fire	Neutral	Use wood ash speringly as a pest deterrent
4	Banana peels	Nitrogen	Chopping will help break down
4	Cane Trash	Carbon	Shredding will help break down
b	Cardboard	Carbon	Shred into small pieces in pile
á	Cat litter (unused!)	Carbon	Ugh .make sure its unused
Ü	Coconut husks	Carbon	Chopping will help break down
Ċ	Coffee grounds	Nitrogen	Great for nitrogen - worms love 'em!
	Cornstalks and cobs	Carbon	A little tricky, so shred and/or break down and mix well into pil
á	Dryer lint	Carbon	Yep, waste nothing. Moisten a little before adding
	Egg shells	Neutral	These break down slowly, so make sure to crush these before adding
	Feathers	Nitrogen	Slow to break down, shred if possible to speed up process
10	Flowers	Nitrogen	Green use as Nitrogen, dried use as carbon
ð	Fruit peels (not citrus)	Nitrogen	Best if you cut them up to small pieces
	Green Grass clippings	Nitrogen	When green can be used as a Nitrogen
	Dried Grass clippings	Carbon	Make sure they are not too wet - mix with dry leaves for best results
	Hair - pet and human	Nitrogen	Good source of nitrogen. Make sure you scatter, so it doesn't clump
	Hay	Nitrogen	Make sure it is dry and weathered
į	Leaves	Carbon	Shredding or chopping will help break down
	Manure - herbivore	Nitrogen	Best if known to come from a herbivore
	Newspaper - shredded	Carbon	Shredding or chopping will help break down
	Sawdust & wood shavings	Carbon	Preferably not from kiln-dried wood
	Paper	Carbon	Shredding will help it break down
	Peanut hulls	Carbon	Chopping will help break down
A	Peat moss	Carbon	Also great to add to your garden soil
	Pine needles & cones	Carbon	Shredding will help break down
	Tea leaves	Carbon	Best if shredded to help it break down quicker
	Vegetable scraps	Nitrogen	A great source of nitrogen
	Weeds	Carbon	Don't add if you worry about spreading seeds